CATALOG

World Leader in Resources and Conferences on Autism, Asperger’s Syndrome, and Sensory Issues since 1996

“I am the mother of an incredible young man with autism. Future Horizons’ resources have been a Godsend!”

–Lisa Starnes, Parent

“I am proud to be associated with Future Horizons!”

–Dr. Temple Grandin, author, speaker, and self-advocate

FUTURE HORIZONS
Dear Friend,

Future Horizons was created to meet the needs of teachers, therapists, and family members who face the challenge of autism. Our books, videos, and conferences are geared to bring you the most current information possible to assist in that challenge.

It is our strong belief that every child and adult with autism can improve and contribute to the lives of those who love them and, in many ways, contribute to society.

We at Future Horizons pride ourselves in bringing to the mission not only a strong sense of professionalism, but one that is also based on personal relationships. Virtually all of us have family members or friends who are affected.

Personally I am proud to be the father of a wonderful son, whom I had the immense pleasure of watching develop into a fine young man. Alex was a light that lit up lives wherever he went.

Whether working with TEACCH in North Carolina, speaking at Future Horizons conferences, attending the family gatherings he enjoyed so much, meeting people at our bookstores, working in the jobs he held, etc., his delightful sense of humor, courtesy, and caring improved the lives of all who knew him. You could not help but smile back at his infectious grin.

He never, never said anything disparaging or demeaning about another person. I never heard him say an unkind or hateful word about anyone.

Alex made me a better man and is the genesis for this company. People often compliment me or my staff as they relate how our offerings have made their lives easier and better. With due deference to the fact that I have a terrific staff, we and you owe it all to him. Without him, Future Horizons would not exist.

His memory lives on through our efforts.

Thank you, Alex. I’m honored that you called me Dad.

Keep Smiling!

R. Wayne Gilpin, President

About Future Horizons

Future Horizons was founded in 1996 in the belief that dissemination of information about autism and Asperger’s syndrome through books, conferences, and other media would beneficially impact those who live and work with the condition, personally and professionally. Devoted entirely to supporting and fostering such works and programs, Future Horizons has grown to be a world leader in publications and conferences on autism spectrum disorders and sensory issues.

On the front cover (clockwise from top): Essencia Leandro; Chase Yurtin; Marissa Paige Robinson; Alex Gilpin; Joshua and Jordan Segal; King Richard. On the back cover (clockwise from top): Luke and Aaron McConnell; Lindsi Cavender; Wyatt Baumann; Sarah, Aaron, and Luke McConnell; Sam Lacey; Copper (the FH mascot); Shayne Dowell.
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Catalog design by Elizabeth Blacker and Matt Mitchell

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We now offer four ways to purchase your Autism Asperger’s Digest. Simply go to our website: www.autismdigest.com, and make your selection.
Future Horizons is proud to offer individual books and videos at very competitive prices. However, we also give discounts on special-interest packages.* For more information on each item, you can go to the page indicated, where a package symbol will indicate that item is available in a special grouping. We hope these extra savings are helpful.

* Sorry, we cannot substitute products in packages.

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- Navigating the Social World
- Developing Talents

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A clinical psychologist from Brisbane, Australia, **Dr. Tony Attwood** has over thirty years of experience with individuals with autism, Asperger’s Syndrome, and Pervasive Developmental Disorder (PDD). He has worked with several thousand individuals, from infants to octogenarians, from profoundly disabled persons to university professors. Dr. Attwood works in private practice in Brisbane but is also adjunct professor at Griffith University, Queensland. He presents workshops and training courses for parents, professionals, and individuals with autism all over the world. In addition, he is a prolific author of scientific papers and books. His books and videos on Asperger’s Syndrome and high-functioning autism are recognized as the best offerings in the field. Over 300,000 copies of his book *Asperger’s Syndrome: A Guide for Parents and Professionals* have been sold, and it has been translated into twenty languages.

**Asperger’s Syndrome Volume 1 DVD**
*A Guide for Parents and Professionals*  
by Tony Attwood  
Whether you’re a curious parent or a seasoned psychologist, this DVD is a perfect introduction to Asperger’s Syndrome. Tony’s personable approach to the Asperger’s way of thinking will enlighten you! Tony first provides a diagnostic description of a person with Asperger’s, then offers a social curriculum that includes countless ideas and activities, and finally focuses on emotion management.

$99.95  
DVD: 3 hours  
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**Asperger’s Syndrome Volume 2 DVD**
*Anger Management, Teaching Teachers, and Teenage Issues*  
by Tony Attwood  
In this second installment of Dr. Tony Attwood’s popular DVD series, Tony gives teachers great advice on how to effectively manage an inclusive classroom. You will learn how to curb anger and take preventative steps to avoid conflicts. He also shares helpful strategies for teaching adolescents with Asperger’s. This DVD will help you create a positive learning environment where ALL students thrive!

$99.95  
DVD: 3 hours  
Available in PAL DVD  

**The Complete Guide to Asperger’s Syndrome**  
by Tony Attwood  
Dr. Attwood offers a reader-friendly yet authoritative account of all aspects of AS from childhood through adulthood including possible causes of the syndrome, diagnosis and its effect on the individual, theory of mind, perception of emotions, social interaction, long-term relationships, bullying, sensory sensitivity, career development, and many other topics. An expanded version of his first book on AS, this book is a must-have.

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397 Pages

**Asperger’s Syndrome: A Guide for Parents and Professionals**  
by Tony Attwood  
Dr. Tony Attwood’s guide will assist parents and professionals with the identification, treatment, and care of children and adults with Asperger’s Syndrome. Beginning with a chapter on diagnosis, Dr. Attwood covers issues such as language, social behavior, and motor clumsiness. The book also includes a helpful FAQ section and case studies from the author’s experience as a clinical psychologist, along with testimonials from people with Asperger’s Syndrome.

$19.95  
ISBN: 978-1-853025-77-8  
223 Pages

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Winners of a 2008 Teachers’ Choice Award! When children have trouble understanding or expressing their feelings, the result can be difficulty with anger management. This book provides a guide for caregivers, and the workbook portion asks children to identify situations that trigger their anger. Listing possible responses to situations—and the likely outcomes—allows the child to make informed decisions about which responses to choose (e.g., walking away vs. hitting).

Winner of a 2008 Teachers’ Choice Award! Anxiety can be especially confusing for a child. But learning about emotions, and the effects they can have on the body, helps children recognize the connections between thinking and feeling. In this workbook, children identify situations that make them anxious—and then learn how to perceive them differently.
As a child, Temple Grandin could not speak. Her silent existence was broken only by rhythmic rocking and occasional fits of screaming and thrashing. Diagnosed with autism, Temple’s many caregivers eventually helped her contradict her doctors’ morbid predictions and go on to become one of the autism community’s most beloved success stories. Temple Grandin, PhD, is a popular international lecturer on autism and the author of Emergence: Labeled Autistic, Thinking in Pictures, Animals in Translation, Developing Talents, Unwritten Rules of Social Relationships, and The Way I See It. One of the world’s leading experts in livestock facility design, over half of the cattle in North America are handled in facilities designed by her. Temple credits her visual thinking and her systemizing mind—both characteristics of autism—for her ability to be “the woman who thinks like a cow.” Temple continues to be an inspiration and role model to millions.

Unwritten Rules of Social Relationships
Decoding Social Mysteries through the Unique Perspectives of Autism
by Temple Grandin, Sean Barron

Born with autism, authors Temple Grandin and Sean Barron now live successful social lives—but their paths were very different. Temple’s logical mind led her to obey social rules, while Sean’s emotions controlled his social behavior. Baffled by social rules, he made up his own, and applied them to others. Whether you are a person with autism or a caregiver in the autism community, their powerful stories will captivate you.

$24.95
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Different...Not Less
Inspiring Stories of Achievement and Successful Employment from Adults with Autism, Asperger’s, and ADHD
by Temple Grandin, Foreword by Tony Attwood

Temple Grandin offers the world a book of real-life mentors for kids with ASD!
Read the personal success stories of fourteen unique individuals that illustrate the extraordinary potential of people on the autism spectrum. You’ll hear from a physician, a psychologist, a retail employee, a professor, a mom, and many more in this informative and inspiring book!

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The Way I See It
by Temple Grandin

In this innovative book, Dr. Temple Grandin gets down to the REAL issues of autism. Temple offers helpful do’s and don’ts, practical strategies, and try-it-now tips, all based on her “insider” perspective and a great deal of research. This revised and expanded edition contains 14 additional articles including: The Role of Genetics and Environmental Factors in Causing Autism, Understanding the Mind of a Nonverbal Person with Autism, Finding Mentors and Appropriate Colleges, and many more!

$19.95
ISBN: 978-1-935274-21-6
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Different...Not Less
Inspiring Stories of Achievement and Successful Employment from Adults with Autism, Asperger’s, and ADHD
by Temple Grandin, Foreword by Tony Attwood

Temple Grandin offers the world a book of real-life mentors for kids with ASD!
Read the personal success stories of fourteen unique individuals that illustrate the extraordinary potential of people on the autism spectrum. You’ll hear from a physician, a psychologist, a retail employee, a professor, a mom, and many more in this informative and inspiring book!

$19.95
416 Pages

Autism & Asperger’s Syndrome DVD
An Insightful Presentation by Dr. Temple Grandin

Bring Temple into your home or classroom! Backed by her personal experience and evidence-based research, Temple shares her valuable insights on a wide variety of topics, and offers useful do’s and don’ts. She addresses early intervention, sensory sensitivities, neurological differences, behavior management, school, work, and much more!
SPECIAL FEATURE – Temple’s Photo Album, with her commentary!

$99.95
DVD: 90 minutes
CD or DVD

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Ellen Notbohm

Book author, columnist, and mother of sons with autism and ADHD, Ellen Notbohm’s writings on autism and general interest subjects have been published on every continent (except Antarctica—yet). Her books, Ten Things Every Child with Autism Wishes You Knew, Ten Things Your Student with Autism Wishes You Knew, and The Autism Trail Guide are ForeWord Book of the Year finalists. Both Ten Things books are also iParenting Media Award recipients. A regular columnist for Autism Asperger’s Digest magazine and Children’s Voice, she also co-authored with Veronica Zysk 1001 Great Ideas for Teaching and Raising Children with Autism or Asperger’s, a Learning Magazine 2006 Teachers’ Choice Award winner. Beyond autism, she is a frequent contributor to Ancestry magazine, has published political commentary in the Chicago Tribune and other newspapers around the U.S., and writes for numerous regional and national magazines on a range of subjects. Ellen welcomes reader feedback and newsletter sign-ups through her website at www.ellennotbohm.com.

“Ellen captures the major issues of autism and makes them understandable and useable, even to those new to spectrum disorders …”

Nancy H. Cale, Vice President
Unlocking Autism

Ten Things Every Child with Autism Wishes You Knew
UPDATED AND EXPANDED EDITION
by Ellen Notbohm

A bestseller gets even better! Every parent, teacher, social worker, therapist, and physician should have this succinct and informative book in their back pocket. Framed with both humor and compassion, the book describes ten characteristics that help illuminate—not define—children with autism. A bonus section includes ten more essential, thought-provoking “things” to share with young people on the spectrum as they cross the threshold of adulthood, and an appendix of more than seventy questions suitable for group discussion or self-reflection. This new edition sounds an even more resonant call to action, carrying the reader farther into understanding the needs and the potential of every child with autism.

$19.95
ISBN: 978-1-935274-65-0
175 Pages

Ten Things Your Student with Autism Wishes You Knew
by Ellen Notbohm

Winner of an iParenting Media Award and Finalist in the 2006 ForeWord Book of the Year Awards! In this exciting sequel, a child’s voice teaches caregivers of children with autism how to understand their thinking patterns, shape an environment conducive to their learning style, and communicate with them in meaningful ways. It’s the game plan every educator, parent, or family member needs to make the most of every “teaching moment.”

$14.95
117 Pages
Ellen Notbohm and Veronica Zysk are authors who know how to take their own advice. Winner of Learning Magazine’s Teachers’ Choice Award, the first edition of 1001 Great Ideas has been a treasured resource in the autism community since 2004. Now, in this expanded edition, Ellen Notbohm (best-selling author of the revolutionary book Ten Things Every Child with Autism Wishes You Knew) and Veronica Zysk (award-winning author and editor of Autism Asperger’s Digest magazine) present parents and educators with over 1800 ideas—try-it-now tips, eye-opening advice, and grassroots strategies.

More than 600 fresh ideas join tried and true tactics from the original edition, while many ideas pick up where the first edition left off, offering modifications for older kids, honing in on Asperger’s challenges, and enhancing already-effective ways to help your child or student achieve success at home, in school, and in the community.

The Autism Trail Guide
Postcards from the Road Less Traveled
by Ellen Notbohm

“Do not go where the path may lead,
go instead where there is no path and leave a trail.”

—Ralph Waldo Emerson

Ellen Notbohm’s child-centered approach to autism is already having immeasurable effects on the autism community. A cohesive compilation of her best articles, The Autism Trail Guide: Postcards from the Road Less Traveled will help parents of children with autism take on everyday challenges while celebrating what their children bring to their world. Ellen offers advice on concrete issues such as math homework, video games, and tricky behavior. She also tackles the more abstract concepts of parenting: trusting parental instincts, when to take risks, how to hang on, and when to let go. This book is absolutely invaluable to all who are “on the autism trail.”

Veronica Zysk started her career in autism in 1991 as Executive Director of the Autism Society of America. Five years later she joined Future Horizons as Vice President of Administration and in 1999 spearheaded the creation of the award-winning Autism Asperger’s Digest magazine, which she managed for 12 years. In 2011 Veronica widened her horizons into the field of Social Thinking and is now Product Development Manager for Social Thinking Publishing, in San Jose, CA.
Carol Gray has over twenty years of experience educating students with Autism Spectrum Disorders (ASD). Carol initiated the use of Social Stories in 1991 and has written numerous articles, chapters, and books on the subject. She is a sought-after speaker in the United States and abroad. Carol is the director of The Gray Center for Social Learning and Understanding, a non-profit organization that serves people with ASD, and currently works privately with students, parents, and professionals in a variety of educational and vocational settings. Carol is the recipient of the Barbara Lipinski Award for her international contribution to the education and welfare of people with ASD.

The Sixth Sense II
Sharing Information about Autism Spectrum Disorders with General Education Students by Carol Gray

This unique lesson plan was developed to share information about autism with general education students, to explain behaviors that might otherwise be misinterpreted as frightening, odd, or rude. Reviewing the five senses with students creates the perfect introduction to their sixth—or social—sense. Activities focus on how other people see, hear, touch, taste, and smell, and how that can affect the way they feel and think.

No Fishing Allowed Kit
“Reel In” Bullying by Carol Gray, Judy Williams

Finally, one program teaches students and adults what they can do to prevent bullying! No Fishing Allowed is a violence prevention program that addresses various elements of bullying behaviors. Carol Gray, author and creator of the groundbreaking *New Social Story Book*, is a pioneer in social skills education. Judy Williams’ extensive counseling experience complements Gray’s work. Together they have produced an all-inclusive program.

Be sure to check out Carol’s new children’s book, *The Last Bedtime Story That We Read Each Night*, on page 50!
New Social Story Book, Revised and Expanded 10th Anniversary Edition
Over 150 Social Stories™ That Teach Everyday Social Skills to Children with Autism or Asperger’s Syndrome, and Their Peers
by Carol Gray

Social Stories™ provide REAL social understanding!
This 10th Anniversary Edition of The New Social Story™ Book offers over 150 of the most requested Social Stories, each one professionally written by Carol Gray. But it doesn’t end there—Carol also teaches you how to write Social Stories yourself! Years of experience and trial-and-error have led to updated Story guidelines. Carol explains her fine-tuned process in the included ten-step learning module The Social Story™ 10.1 Tutorials—perfect for parents and teachers!

INSIDE ARE GEMS SUCH AS:
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• When It Is My Turn to Listen
• Saying What I Think with Respect
• Learning to Respond to Bullying
• Telling My Teacher about a Problem
• Fire Drills at School
• Moving to a New Home
• Children Grow Kind Of Slow
• The Truth about Messes
• This Place is Busy
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PLUS, to jump-start your story-writing journey, this book comes with a CD containing each Social Story in ready-to-print PDFs AND easy-to-edit Word files! With the CD, you can customize story content and insert images relevant to your child or student’s individual experiences. An invaluable bonus!

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800.489.0727
Having earned an MA and Ph.D. in clinical psychology from the University of Albany, Dr. Jed Baker is now a behavioral consultant for several New Jersey school districts where, nearly two decades ago, he organized a group to help children with social communication problems. That group expanded and ultimately became the Social Skills Training Project under Dr. Baker’s directorship. Dr. Baker also presents lectures all over the world on social skills training and is on the board of directors of the Asperger’s Syndrome Education Network, Inc. (ASPEN).

Jed Baker’s work has been featured on ABC News, Nightline, and CBS’s The Early Show.

The Social Skills Picture Book
Teaching Play, Emotion, and Communication to Children with Autism
by Jed Baker

Winner of an iParenting Media Award, this book uses photographs of students engaging in a variety of real-life social situations. Color photographs illustrate the “right way” and “wrong way” to approach each situation—and the positive/negative consequences of each. An adult then explains each situation, asking questions such as “What is happening here?” Children can role-play skills until they are confident enough to practice them in real life.

Social Skills Training and Frustration Management DVD
by Jed Baker

This dynamic and comprehensive presentation is extremely valuable to all family members and professionals working with individuals with ASD, ADHD, learning disabilities, mood and anxiety disorders, and other issues that impact social-emotional functioning. Dr. Baker shows you how to build an individual’s social skills in crucial areas such as conversation, conflict resolution, emotion management, employment, dating, and more!

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Be A Friend CD
Songs for Social Skills Training
by Jed Baker, Jeffrey Friedberg

Social skills training can be fun! Be a Friend features 16 original songs about making and maintaining friendships. Kids can sing along and learn important social skills at the same time. Included are helpful tracks such as “Personal Space,” “Eye Contact,” “Sharing,” “Making Mistakes,” “Calm Down,” “Feelings,” and more. This audio CD complements Jed Baker’s Social Skills Picture Book perfectly!

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Book + CD $59.95

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No More Meltdowns
Positive strategies for managing and preventing out-of-control behavior
by Jed Baker

It could happen at the grocery store. At a restaurant. At school. At home. Meltdowns are stressful for both child and adult, but Dr. Baker can help! His 20+ years of experience have yielded time-tested strategies, and amazing results. An easy-to-follow, four-step model will improve your everyday relationships with the children in your life: 1) Managing your own emotions by adjusting your expectations, 2) Learning strategies to calm a meltdown in the moment, 3) Understanding why a meltdown occurs, and 4) Creating plans to prevent future meltdowns.


Social Skills Training
for Children and Adolescents with Asperger Syndrome
by Jed Baker

In this user-friendly book, Dr. Jed Baker offers advice on instructional strategies, behavior management, and promoting generalization. The inclusive skill section provides lessons for 70 skills. The presentation of each skill consists of a reproducible handout, as well as activity sheets listing ways teachers and parents can demonstrate, practice, and reinforce the skill in the classroom and at home.

$39.95  ISBN: 978-1-931282-20-8  240 Pages

Preparing for Life
The Complete Guide for Transitioning to Adulthood for those with Autism and Asperger’s Syndrome
by Jed Baker

This easy-to-follow resource offers a complete toolbox of social skills and the means to attain them. Jed Baker guides readers through the legal, financial, educational, vocational, and community resources available after graduation. The essence of the book lies in the 73 Skill Lessons targeting emotion management, conversational skills, and employment-related skills, all of which can be taught by parents, teachers, or professionals.

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The Social Skills Picture Book
for High School and Beyond
by Jed Baker

Winner of an iParenting Media Award, this picture book appeals to the visual strengths of students on the autism spectrum, with color photos of students demonstrating various social skills in the correct (and sometimes incorrect) way. “Thought bubbles” show what people are thinking during these interactions (not always what you hoped!). Practical, engaging, and down-to-earth, this is a valuable tool to help teens navigate the often-mysterious rules of social conduct in everyday situations.

$39.95  ISBN: 978-1-932565-35-5  177 Pages

Book + CD $59.95

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Author of the best-selling “Out-of-Sync Child” book series, Carol Kranowitz, MA, has been a preschool teacher for more than twenty-five years. As she taught music, movement, and drama to her students, she observed that many kids seemed “out of sync.” To help them become more competent in their work and play, she began studying sensory processing and sensory integration (SI) theory. She learned to help identify her young students’ needs and to steer them into early intervention. In writings and workshops in the United States and abroad, she explains to parents, educators, and other early childhood professionals how sensory issues play out—and provides fun and functional techniques for addressing them at home and school.

The Goodenoughs Get in Sync
5 Family Members Overcome their Special Sensory Issues
by Carol Kranowitz
This delightfully illustrated “chapter book,” geared for 8-to-12 year olds, tells the charming tale of five family members and their naughty dog (each with a different sensory processing challenge), and how they get in sync after a tough day. The book is designed with the action of the story in larger print for younger readers to read or hear. Explanations of sensory processing issues are woven throughout the story in regular type for proficient readers to linger over at leisure.

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In this 3-hour DVD of a live presentation, Carol Kranowitz offers sensory strategies and activities that are applauded not only in the United States but around the world. For every kind of sensory need, she has a story that illustrates how a child may behave. Carol discusses recent research in SPD, the six types of SPD and how they can affect the daily lives of children, possible co-existing problems, treatment options, and more. Her dynamic presentation will have you out of your seat in no time!

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DVD: 3 Hours

Answers to Questions Teachers Ask about Sensory Integration
Forms, Checklists, and Practical Tools
by Carol Kranowitz, Stacey Szklut, Lynn Balzer-Martin, Elizabeth Haber, Deanna Iris Sava
With up to 20% of the students in any given classroom affected by Sensory Integration Disorder, Answers to Questions is an invaluable resource for teachers of pre-school through high school. The easy-to-use checklists help you identify students who have difficulty processing sensory information. Then you’ll find tried and true instructions for developing fine motor, “organizing,” and motor planning skills.

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A Teacher’s Guide to Sensory Processing Disorder CD
by Carol Kranowitz, Stacey Szklut
An audio companion to the book Answers to Questions Teachers Ask about Sensory Integration, Carol Kranowitz interviews expert occupational therapist Stacey Szklut and they discuss how to teach children with sensory integration problems. Discussion topics include: why sensory challenges affect learning, how to become a good sensory detective, methods for creating effective collaborations between home and school, what materials are appropriate for preschool through high school, and more!

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The Out-of-Sync Child
Recognizing and Coping with Sensory Processing Disorder, Revised Edition
by Carol Kranowitz
This innovative title broke new ground by identifying Sensory Processing Disorder, a common but frequently misdiagnosed problem in which the central nervous system misinterprets messages from the senses. This newly revised edition features additional information from recent research on vision and hearing deficits, motor skill problems, nutrition and picky eaters, ADHD, autism, and other related disorders.

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The Out-of-Sync Child Has Fun
Activities for Kids with Sensory Processing Disorder
by Carol Kranowitz
This revised edition of the companion volume to The Out-of-Sync Child includes new activities that parents of kids with Sensory Processing Disorder can do at home with their child, along with updated information on which activities are most appropriate for children with coexisting conditions such as Asperger’s, and autism.

$15.95
352 Pages

Growing an In-Sync Child
Simple, Fun Activities to Help Every Child Develop, Learn, and Grow
by Carol Kranowitz, Joye Newman
A fresh and timely approach to understanding the profound impact of motor development on children of all ages and stages. Based on the authors’ more than seventy combined years of professional success working with children of all abilities, Growing an In-Sync Child provides parents, teachers, and other professionals with the tools to give every child a head start and a leg up.

$19.95
217 Pages

Getting Kids In Sync DVD:
Sensory-Motor Activities to Help Children Develop Body Awareness & Integrate Their Senses
by Carol Kranowitz
In this lively DVD, Carol Kranowitz demonstrates SAFE (Sensory-Motor, Appropriate, Fun, and Easy) activities with the help of the children of St. Columba’s Nursery School in Washington, DC. The children’s demonstrations make the activities easy to understand, while Carol’s explanations clarify the sensory benefits of the activities, the many ways they can be used, and how children on differing developmental levels may react. Great for parents, teachers, or child-care providers!

$19.95
DVD: 30 minutes

Preschool Sensory Scan for Educators (Preschool SENSE)
by Carol Kranowitz
How do you identify children who have Sensory Processing Disorder (SPD), and then effectively assess what their sensory needs are? With this amazing tool, of course! This easy-to-use screening tool features customized checklists that can be implemented in the often-chaotic preschool classroom or playground. With side-by-side examples of typical and atypical responses to everyday sensory stimuli, this program helps teachers to recognize sensory processing patterns among students 2 ½–5 years old. Preschool SENSE is a great way for occupational therapists and preschool teachers to collaborate on simple accommodations for their students. The manual includes complete screening and assessment instructions that have been designed, tested, and fine-tuned over the years by Carol herself!

This package includes one manual and enough forms for eight children. Additional Preschool SENSE Manuals and Forms Packets are sold separately.

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Just the Forms: $14.95
ISBN: 978-1-932565-85-0

Manual + forms for 8 Children: $23.95
ISBN: 978-1-932565-84-3

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Lisa Lewis earned her Ph.D. in biological anthropology from New York University, where she studied genetic variation. She now lives in New Jersey with her husband and two sons, Sam and Jacob. They enjoy hiking, bike riding, and music. Along with noted author Karyn Seroussi, Lisa runs a website and publishes a newsletter for folks using dietary interventions. Contact her at www.AutismNDI.com.

The writings of Lisa Lewis have made a huge impact on the field of autism...through this book, Dr. Lewis will likely change the lives of many others.

Stephen Edelson, PhD, Director Center for the Study of Autism, Salem, OR

Special Diets for Special Kids, Volumes 1 and 2 Combined
Over 200 REVISED and NEW gluten-free casein-free recipes, plus research on the positive effects for children with autism, ADHD, allergies, celiac disease, and more!

by Lisa Lewis

Praised as a modern-day classic by celebrities and readers all over the world, the first edition of Special Diets for Special Kids has been helping children and adults with autism, ADHD, celiac disease, and other disorders since 1998. Special Diets for Special Kids Two followed up in 2001 by providing more recipes and updated research.

Now, this revised and expanded edition offers both books in one, complete with the latest research, revised recipes, and color photos throughout!

The first part of the book describes dietary intervention in detail, from both a scientific and a personal approach (the author's son has autism and has been on a GFCF diet for many years). In a nutshell, certain enzymes are required to break down gluten and casein. If those enzymes don't function well, or are not present at sufficient levels, serious neurological problems can result. Studies have shown that children with autism have a marked deficiency of these enzymes, which may explain why GFCF diets have yielded positive results for many children.

The second part of the book is an easy-to-follow cookbook. This section contains nearly 200 recipes, including many you would have never thought possible on a GFCF diet. Best of all, this book comes with a FREE CD of printable recipes, so you can easily print out recipes as you use them and keep the book away from counter spills and drips!

375 Pages ISBN: 978-1-935274-12-4
$34.95

Kids’ Meals DVD
GFCF Cooking Instruction
by Jean Duane

This instructional DVD starring Jean Duane shows you how to make GFCF foods that kids will recognize and want to eat. They can enjoy macaroni and “cheese,” pizza, homemade bread sandwiches, cream of tomato soup, tacos, Shepard’s Pie, and warm, sweet apple crisp. To top it off, Jean makes vegan chocolate cupcakes and vanilla “ice cream” made with cashews. Recipe cookbook included!

$24.95
DVD: 75 minutes

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<td>Raun Melmed</td>
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<td>This little book provides a quick way to get acquainted with autism and early intervention. It answers questions such as: What are the signs of autism? Who is involved in my child’s evaluation? How do I choose which treatments are right for my child? In addition to Dr. Melmed’s compassionate yet practical advice, this book offers easy-to-read charts, a glossary of autism terms, and a comprehensive, annotated list of resources.</td>
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<td>Barbara Doyle, Emily Iland</td>
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<td>462</td>
<td>This comprehensive book goes step-by-step through the symptoms, definitions, assessments, and diagnoses of autism spectrum disorders (ASDs). The authors describe ASDs in terms of the parents, teachers, the school system, medical professionals, and service providers involved. This book also provides practical strategies to improve the assessment process and help the child or adult deal with the stress of the evaluations. An all-in-one resource!</td>
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<td>390</td>
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<td><strong>No Longer A SECRET</strong></td>
<td>Doreit Bialer, Lucy Jane Miller</td>
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<td>Written by three experienced occupational therapists, this book provides creative techniques for dealing with everyday sensory issues, such as managing behaviors, improving muscle tone, developing social skills, selecting diets, and more. Part one explains the role of the OT, and part two follows up with numerous activities. It is a perfect tool for those working with young children, but also broad enough to be adapted for older children and adults.</td>
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<td>John Taylor</td>
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| **Sensory Issues for Professionals**                                 | Kathleen E. Morris                      | Aimed at professional readers, this book contains the BEST articles from the award-winning S.I. Focus magazine. S.I. Focus magazine is a groundbreaking international resource for parents and professionals who want to learn how to improve sensory integration and how to address sensory processing deficits. This book provides quality information written by leading professionals in the field and also parents who share their (and their children’s) experiences. | $19.95  | 978-1-935567-19-6 | 352     

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Unlocking the Mysteries of Sensory Dysfunction
A Resource for Anyone Who Works With or Lives With a Child with Sensory Issues
by Elizabeth Anderson, Pauline Emmons
This book is a parent-to-parent guide for raising a child with Sensory Integration Disorder. Using nonmedical language, the authors walk you through the challenges that children may face, such as being uncomfortable with hugs and kisses, experiencing a “fight or flight” sensation when brushing teeth or combing hair, etc. The two moms give tips and advice for school, home, and the future.

Starting Sensory Therapy
Fun Activities for the Home and Classroom
by Carol Kranowitz
Starting Sensory Therapy offers 100+ activities and games for children with Sensory Processing Disorders (SPDs). Parent of a son with SPD, author Bonnie Arnwine chose activities that require minimal time, money, and clean-up. Most “ingredients” are already on hand: empty yogurt cups, string, soap, Kool-aid, flour, paper plates, etc. If the kids tire of an activity, an “Extend It!” section shows how to use the same ingredients in new and different ways.

The Sensory Connection
An OT and SLP Team Approach
by Nancy Kashman, Janet Mora
Drawing on their extensive experience in developing and implementing effective treatment programs in homes, schools, and clinics, Nancy Kashman (OT) and Janet Mora (SLP) provide practical strategies to help children and adults with sensory and communication disorders. Combining aspects of occupational and speech-language therapies, Nancy and Janet demonstrate how an integrated team approach increases therapeutic effectiveness while maximizing the benefits of resources. Includes a detailed, illustrated appendices and sample handouts!

Sensational Journeys
48 Personal Stories of Sensory Processing Disorder
by Hartley Steiner
Written by the mom of a young man with SPD, this much needed book tells the stories of over 48 families as they go through the trials and triumphs of sensory issues. It covers all different aspects and what families should expect as they enter, and what hope lies ahead!

The Ultimate Guide to Sensory Processing Disorder
Easy, Everyday Solutions to Sensory Challenges
by Roya Ostovar
When sensory processing is impaired, lights can be too bright, sounds too loud, and clothes can actually be painful on the skin. It can be practically impossible for children to tolerate their day, let alone learn in a classroom. In this book, with a forward by best-selling special-needs author Carol Kranowitz, neuropsychologist Dr. Roya Ostovar helps parents to help their children. She provides clear explanations, up-to-date research, step-by-step strategies, and case examples that bring her proven methods to life.

Your Child’s Motor Development Story
Understanding and Enhancing Development from Birth to Their First Sport
by Jill Mays
Your Child’s Motor Development Story is for all parents. It is intended to serve as a guide for normally developing children as well as those struggling with aspects of sensory motor development. With an understanding of the basics of sensory motor processing and motor development, parents will play with their children in ways that support growth in these areas.
Early Intervention and Autism
Real-life Questions, Real-life Answers
by James Ball

Written in a question-answer format, this book will teach you how to get the most out of early intervention services. Dr. Jim Ball, Ed.D., BCBA provides seven effective teaching strategies, ten behavior rules, must-have goals, and more! In a special how-to section, Dr. Jim walks you through a day in the life of a young child with autism. This book is your game plan to start working with your child right away!

424 Pages  ISBN: 978-1-932565-55-3 $24.95

Toilet Training
for Individuals with Autism or other Developmental Issues, 2nd edition
by Maria Wheeler

Toilet training can be a battleground for parents and children. In this book, Maria Wheeler offers a detailed roadmap for success, based on over twenty years of experience. Bulleted lists offer over 200 do’s and don’ts, along with more than fifty real-life examples. Learn how to gauge “readiness,” dissolve fears of the bathroom, teach how to use toilet paper, flush and wash up, and deal with toileting in unfamiliar environments.

Also by Maria Wheeler: A Treasure Chest of Behavioral Strategies, page 36.

$19.95
ISBN: 978-1-932565-49-2 133 Pages

Nobody Ever Told Me (or My Mother) That!
by Diane Bahr, MS, CCC-SLP

This fascinating new book fills a missing void in the child-rearing world. It explains everything from the basics of nursing, to SIDS, to facial massage, and finishes with the secrets to good speech development and keys to enhancing your child’s best natural appearance. Written by a speech-language pathologist with more than 30 years of experience, this book is a wealth of necessary information for any new parent. It contains practical advice for all new parents on everything they need to know about oral development from birth to 8 years old.

$24.95
ISBN: 978-1-935567-20-2 390 Pages

Just Take A Bite
Easy, Effective Answers to Food Aversions and Eating Challenges
by Lori Emsperger,
Tania Stegen-Hanson

Is your child a “picky” eater or a full-fledged resistant eater? If so, this book will enlighten you. Learn the possible causes, when you need professional help, and how to deal with the behavior at home. Learn why “Don’t play with your food!” and “Clean your plate!” are just plain wrong. And who said you have to eat dessert last? Get ready to have some stereotypes shattered!

$24.95
ISBN: 978-1-932565-12-6 236 Pages

The Heart of Autism
Motivational Intervention Strategies for Caregivers and Professionals
by Jennifer Abeles

At long last, the Autism Angel spreads her wings! This powerful early intervention guide will empower parents with the skills and motivation they need. Each page contains uplifting strategies, experience-based wisdom, and heart-fueling inspiration. Jennifer Abeles’ unique, child-centered approach has already improved the lives of countless individuals with autism. Now, her techniques are yours. Let the Autism Angel be your guide as you journey into the heart of autism.

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Autism Every Day
Over 150 Strategies Lived and Learned by a Professional Autism Consultant with 3 Sons on the Spectrum
by Alyson Beytien

Stemming from a wealth of both professional and personal experience, this guidebook combines real-life stories of challenges and successes with practical ideas for handling autism, every day. Autism consultant Alyson Beytien outlines over 150 tried-and-true techniques for home, school, and community.

Alyson believes that each day brings more opportunities to learn, problem-solve, and celebrate the joys that children with autism bring to our world—after all, today’s crisis is tomorrow’s humor. Her family’s motto will soon become your everyday mantra: “Improvise and Overcome!”

What I Wish I’d Known about Raising a Child with Autism
A Mom and a Psychologist Offer Heartfelt Guidance for the First Five Years
by Bobbi Sheahan, Kathy DeOrnellas

Bobbi Sheahan, mother of a child with autism, and psychologist Kathy DeOrnellas, Ph.D., did not write this book to lecture you on how to parent your child. Instead, they offer themselves as your scouts in the field, who have valuable information to share—from the moment you realize your kid is different (“My, what a quiet baby I have!”), to the self-righteous moms on the playground, to holding your marriage together in the realm of routines. They candidly tackle ASD issues such as: Picky Eating, Bedtime Battles, Potty Training, Speech Delays, Discipline, Early Intervention, Sibling Rivalry, and much more!

Sensory Parenting
From Newborns to Toddlers
Parenting is Easier When Your Child’s Senses are Happy!
by Britt Collins, Jackie Olson

Organized and combined parenting information along with sensory integration methods, tips and solutions. We’ve made it easy and fun and will help you avoid a lot of unnecessary battles between you and your child. It’s amazing how quickly our children adapt and the little adjustments that can make our days smoother. Beginning with your baby’s birth, Britt and Jackie walk parents through everyday situations and duties all the way through your child’s early stages of development - the first five years. They explain the underlying reasons beneath your child’s negative behaviors and the often simple fixes.

Sensory Parenting
For Elementary Children
Everything Is Easier When Your Child’s Senses Are Happy!
by Britt Collins, Jackie Olson

A child’s sensory system affects their ability to learn, play, socialize and function. Maybe a child isn’t able to sit still in class because his shirt tag is bothering him. Or a child isn’t able to play with other children because his balance is off and other kids make him feel unstable and dizzy. Beginning with the age of five, Britt and Jackie walk parents through everyday situations and duties all the way through your child’s elementary years. They explain the underlying reasons beneath your child’s negative behaviors and the often simple fixes (sometimes not so easy, but steps that will lead you towards success). Parenting can be less stressful when you’re not struggling with your child’s sensory systems.
Asperger’s in Pink
Pearls of Wisdom from inside the Bubble of Raising a Child with Asperger’s
by Julie Clark

Congratulations! It's a girl … with Asperger's! Join author and mom Julie Clark as she guides you through her family's adventures raising a young child with Asperger's Syndrome, a mild form of autism. Whether you have a boy or a girl with Asperger's in your life, you'll nod and smile as you turn each invaluable page of real-life challenges and solutions.

Teeming with wisdom and wit, this book has much to offer parents as well as educators and professionals.

273 Pages ISBN: 978-1-935274-10-0 $14.95

Strengthening Relationships When Our Children Have Special Needs
by Nicholas Martin

Long-awaited and much-needed, this book addresses the real-life impact a special needs child has on family relationships. Author Nick Martin gives well-researched and heartfelt advice on avoiding the “blame game,” finding support and guidance for all family members, managing financial challenges, improving communication, sharing responsibilities, being intimate, and more. Stories and testimonies from real couples further validate Nick's sound advice.


Loving Mr. Spock
Understanding a Lover with Asperger's Syndrome
by Barbara Jacobs

As a popular advice columnist in the UK, Barbara Jacobs never suspected she’d be the one needing the relationship advice. But when she fell in love with Danny, a man with Asperger’s Syndrome, she quickly learned to expect the unexpected. Join Barbara and Danny on their tumultuous journey in love and learn about Asperger’s along the way through figures, diagnostic guidelines, and quotes and surveys by other couples.

The Child with Autism at Home and in the Community
Over 600 Must-Have Tips
by Kathy Labosh

In this amazingly helpful guide for family members, friends, and professionals, author and mom Kathy Labosh and special-educator LaNita Miller take on the issues and obstacles that parents and educators face every day.

Hundreds of easy-to-read bullet points provide tips that readers can put into action immediately. First they cleverly tackle home life, from breakfast to bedtime, and then they take readers on a trip through the community, offering essential do's and don'ts for going to restaurants, church, the doctor's, the grocery store, family gatherings, and more!

A Lifetime of Laughing and Loving with Autism
New and Revisited Stories that Will Warm and Inspire You
by R. Wayne Gilpin

This book will warm your heart and tickle your funny bone! If you know and love a child with autism, you will nod and smile as you read these all-too-familiar anecdotes—the unorthodox adherence to a rule, the social faux pas at the dinner table, the untimely but poignant outburst in the classroom, and many more! This book soulfully communicates the unique qualities that individuals with autism bring to our lives—steadfast determination, unfailing honesty, selfless kindness, seemingly ageless wisdom—and reminds the rest of us that we have a lot to learn!

The Child with Autism Goes to Florida
Reviews of theme parks, rides, resorts, and more!
by Kathy Labosh

Is “Revenge of the Mummy” in Universal Studios too scary for a low-functioning child? Is the “Typhoon Lagoon” okay for kids with sensory sensitivities? If an inevitable meltdown occurs, where can you go to cool down?

Author and Mom Kathy Labosh shares all this and more in this handy little reference guide!

So if your family is headed to Florida and you have a child with special needs, don’t leave home without this guidebook!

The Child with Autism Learns about Faith
15 Ready-to-Use Scripture Lessons
by Kathy Labosh

Endorsed by religious leaders, this groundbreaking book offers a step-by-step lesson plan for family members, educators, and church staff—including scripted narratives, group activities, prayers, scripture readings, classroom setup guidance, lists of additional resources, and more.

Each lesson is also accompanied by a Scripture Study for instructors to help them prepare for each class, where the author provides additional ideas and discussion questions.
World renowned expert on Asperger’s Syndrome Dr. Tony Attwood has teamed up with Dr. Kirsten Callesen and Dr. Annette Møller Nielsen of Denmark to create a powerful yet user-friendly tool that gets straight to the core of the thoughts and emotions behind behavior. The CAT-kit offers an easy, hands-on way for those on the spectrum to communicate with adults, and each other.

**Great tool**
for teaching Social Skills, Emotions, Behavior, Coping Strategies, Perspective Taking, and Communication Skills!

NOW INCLUDES a helpful CD that shows you how to get the most out of the kit! It also includes the evidence-based research school districts need!

**The CAT-kit**
Cognitive Affective Training

**English Version**  ISBN: 978-1-932565-73-7  **$199.95**

Works with all ages and all levels of understanding!
**CAT-kit, continued**

**The CAT-kit Components**

**The Manual.** An easy-to-understand guidebook. Read it in about 30 minutes!

**The CAT-organizer.** A visual tool to structure conversations about behavior.

**Feelings words and faces.** 90 different faces expressing different emotions along with 90 words to associate with them, all with Velcro for use with The Measure.

**The Measure.** Similar to a thermometer, divided into intervals. Teach and understand intensity of feelings, interests, emotions.

**The Body.** Use it to show the connection between thoughts, feelings, and body behavior.

**My Circles.** Explore different levels of relationships, and the who/what/when/where of words, behaviors, and social skills.

**Timetables.** Useful not just for schedules, but understanding shifting emotions and evolving perspectives.

**Behavior Palettes.** Explore the thoughts and feelings behind behaviors, and their resultant effect on others.


**CAT-Book Labels.** Used to create customized books for each student.

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**It’s great for:**

- **Therapists and counselors.** Obtain valuable information about thoughts and feelings in an open, non-stressful environment.

- **Teachers.** With its visual and concrete design, the kit attracts students’ attention and can be implemented, cleaned up, and reused in a matter of minutes.

- **Parents.** The kit will simplify day-to-day conversation and help you deal with inappropriate displays of emotion.

- **Kids and young adults.** They love to have fun while learning about themselves and those around them.

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"The CAT-kit does not merely focus on understanding (emotions); it also addresses skills acquisition training and practice. Step by step, this program teaches children the most important functions and needs relating to emotions, to social relationships, and to better coping."

- Professor Tammie Ronen, Head of Bob Shapell School of Social Work, Tel Aviv University

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Over 180 laminated, adhering images to help explain emotions and thoughts!
**Behavior Solutions for the Inclusive Classroom**

See a behavior? Look it up!

by Beth Aune, Beth Burt, Peter Gennaro

WHY won’t he stay in his seat?
WHY does she flap her hands?
And WHAT should I do?

Written by Director of Special Education Peter Gennaro, occupational therapist Beth Aune, and special needs mom and advocate Beth Burt, this book illuminates possible causes of those mysterious behaviors, and more importantly, provides solutions! Teachers can quickly look up an in-the-moment solution and learn about what the child is communicating, and why.

151 Pages  ISBN: 978-1-935274-08-7  $14.95

**More Behavior Solutions In and Beyond the Inclusive Classroom**

See a behavior? Look it up!

by Beth Aune, Beth Burt, Peter Gennaro

Quickly find an in-the-moment solution!

This book builds on the success of the first one by expanding the focus from within the classroom to all areas of the school environment—in the hallways, cafeteria, and auditorium, on the playground, and in therapy sessions during the school day. See a particular behavior? Look it up!

110 Pages  ISBN: 978-1-935274-48-3  $14.95

**A Treasure Chest of Behavioral Strategies for Individuals with Autism**

by Beth Fouse, Maria Wheeler

Providing a cornucopia of ideas, the authors address sensory, communication, and physical and social-emotional issues by increasing desired behaviors and decreasing unwanted behaviors. You will learn how to build “sensory diets” into everyday activities, use antecedent control, teach students to self-regulate, and deal with problem behaviors. You’ll also learn crisis, stress, and data management. Whatever problems you face, you’ll find helpful solutions to them in this book!

359 Pages  ISBN: 978-1-885477-36-1  $39.95
Navigating the Social World
A Curriculum for Individuals with Asperger’s Syndrome, High-Functioning Autism, and Related Disorders
by Jeanette McAfee

This social skills program has become a staple for parents and educators alike. Dr. McAfee covers communication skills, coping with emotions, preventing stress, developing abstract thinking skills, addressing behavioral problems, and much more. Helpful handouts, templates, and forms will help keep teachers and learners on track.

“An excellent curriculum!”
Linda Lotspeich, M.D., M.Ed., Stanford University

Jeanie McAfee was born and raised in the Los Angeles area, and received her B.S. and medical degrees from the University of California at Davis. After completing an internship in pediatrics at Children’s Hospital, Oakland, she spent several years providing general pediatric care to underserved children and three years working with children of U.S. servicemen in Germany. While attending medical school, she met and married the man of her dreams, Keith, and they now have four wonderful daughters.

When Jeanie’s daughter Rachel was diagnosed with high-functioning autism (HFA) at the age of ten, Jeanie began a search for an appropriate treatment program for her. However, after doing extensive research on autism and Asperger’s Syndrome, she soon discovered that it was difficult to find an existing program that addressed Rachel’s special needs while maximizing her unique combination of strengths. This is what motivated Jeanie to write Navigating the Social World. Combining her medical background as a pediatrician with her understanding of her daughter’s specific needs, Jeanie developed one of the most effective social curricula ever created. She strongly believes that the more parents and educators work together to share ideas and experiences, the better we will be able to help our students, clients, and loved ones with Asperger’s Syndrome, high-functioning autism and related disorders to live happier and more productive lives.
A QUEST for Social Skills for Students with Autism or Asperger’s
Ready-to-use lessons with games, role-play activities, and more!
by JoEllen Cumpata, Susan Fell

Developed by a school social worker and speech language pathologist, QUEST is a social skills program created to help middle school students with ASD. Six helpful units—School Survival Basics, Understanding and Managing Emotion, Communication Skills, Making Friends and Interacting with Peers, Personal Safety, Vocational Readiness—can be implemented either chronologically or on their own. Students will enjoy the interactive games and role-play, and parents are kept in the loop with updates and evaluations. Best of all, the book includes a CD of printable worksheets, letters, forms, and more!

$24.95 ISBN: 978-1-935274-11-7 333 Pages

The Hidden Curriculum
Practical Solutions for Understanding Unstated Rules in Social Situations
by Brenda Smith Myles, Melissa L. Trautman, and Ronda L. Schelvan

This book offers practical advice for how to teach and learn social dos and don’ts. Most people pick up these subtle social messages automatically, but individuals with social-cognitive challenges must be directly taught these nonverbal signs and rules. Given the serious consequences that can befall a person who violates a social rule, the practical strategies and detailed curricula in The Hidden Curriculum make it a much-needed resource.

$29.95 ISBN: 978-1-931282-60-4 96 Pages

Teaching Asperger’s Students Social Skills through Acting
All Their World’s a Stage!
by Amelia Davies

Young people with Asperger’s can be the most charismatic actors who have ever hit the stage. In this guidebook, author Amelia Davies provides the theories and activities you’ll need to set up acting classes that double as social skills groups. Included are acting exercises that teach actors how to control and use body language, nonverbal communication, tone of voice, facial expressions, and movement. Lights, camera, action!

$19.95 ISBN: 978-1-932565-11-9 191 Pages

Autism Aspergers:
Solving the Relationship Puzzle
by Steven Gutstein

Steve Gutstein, a psychologist and autism specialist, has dedicated his life to bridging the social gap between children with autism and the rest of us. The result of his efforts is an innovative program—Relational Development Intervention. Gutstein describes practical ways to steer children with autism onto a path of self discovery and social awareness, one that will ultimately bring them meaningful relationships.

$34.95 ISBN: 978-1-885477-70-5 186 Pages
How Do I Teach This Kid?
Visual Work Tasks for Beginning Learners on the Autism Spectrum
by Kimberly Henry

First Runner-Up in the 2006 Writer’s Notes Book Awards, this book utilizes the strengths of children with ASD to help them develop new skills. Children learn motor, matching, sorting, reading, writing, and math skills using easy-to-make “task boxes.” Ideas are plentiful, materials colorful, and children love the repetitive nature of the “tasks,” which help them learn to work independently! Sample data sheets are included.

$19.95  ISBN: 978-1-932565-24-9  115 Pages

How Do I Teach This Kid to Read?
Teaching Literacy Skills to Young Children with Autism
by Kimberly Henry

Award-winning author Kimberly Henry provides dozens of fine-tuned, easily adaptable activities that teachers and parents can implement separately or in infinite combinations. Included are units on phonemic awareness, vocabulary, comprehension, and fluency. Kim also lists numerous other resources you can use to supplement the lessons. Best of all, this book comes with a FREE CD of printable, visual tools, such as: ABC Books, Text-Picture Matches, Songs, Chants, Poems, Word Webs, Visual Organizers, Sentence Builders, and many more!

$19.95  ISBN: 978-1-935274-14-8  115 Pages

Learning in Motion
101+ Sensory Activities for the Classroom
by Patricia Angermeier, Joan Krzyzanowski, and Kristina Keller Moir

Ideal for preschool, kindergarten, and primary classes, these classroom-ready activities have been developed to attract and keep children’s interest by using a multi-sensory approach, in order to improve learning and behavior. Activities are organized by month, so educators can quickly choose activities that correspond with seasons, holidays, and educational goals throughout the year. Each activity also includes adaptations for special needs and a “Letter to Parents.” Perfect for all early-childhood educators!


Basic Skills Checklists
Teacher-friendly assessment for children with autism or special needs
by Marlene Breitenbach

This book is an easy-to-use, informal assessment tool that brings method to the madness of classroom assessment. Author and experienced teacher Marlene Breitenbach developed these helpful checklists in special-needs and inclusive classrooms while serving children with autism and other developmental disabilities. Simple, customizable charts make it easy to record progress in areas such as basic concepts, reading/language, math, fine motor, and independence skills. Great for one-on-one or group assessment!

$19.95  ISBN: 978-1-932565-75-1  53 Pages

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Future Horizons
also available in a special package contains a CD or DVD

800.489.0727
Sheila Wagner, M.Ed., received her undergraduate degree in Education from the University of Wisconsin, Whitewater, and her graduate degree in Special Education from Georgia State University. Past experience in autism began at the Indiana Resource Center for Autism at Indiana University where she was an associate teacher, then demonstration teacher in the autism demonstration program and, later, an educational consultant to teachers and schools across the State of Indiana. Currently, Ms. Wagner is an autism consultant, school consultant, teacher trainer, guest lecturer, and published author of numerous articles and books.

Inclusive Programming for High School Students with Autism or Asperger’s Syndrome
by Sheila Wagner

Autism consultant and special education expert Sheila Wagner provides the strategies and solutions you’ll need before, during, and after high school. Topics include: transitioning from middle school, IEP goals, course selection, managing teenage angst, learning to drive, graduation, college prep, employment, plus many more. Remember—successful inclusion in high school is critical to achieving independence as an adult!

Inclusive Programming for Middle School Students with Autism/Asperger’s Syndrome
by Sheila Wagner

Middle school presents unique challenges to those with ASD. Inclusive Programming addresses transitioning to and from middle school, and everything in between: hormones, cliques, bullying, aggression, and “fitting in.” The ingredients for success are pre-planning, frequent monitoring of progress, teacher training, and regular communication between all concerned. Add committed teachers, peer mentors, and sensible allowances for individual needs, and you have a recipe for success.

Inclusive Programming for Elementary Students with Autism
by Sheila Wagner

Winner of the Autism Society of America’s Literary Award, this book provides an inclusion program for students with severe disabilities. Teachers, parents, and students will benefit from Ms. Wagner’s insight as she outlines theories and applications of inclusive programming for elementary school students. Her engaging and readable style, coupled with her extensive knowledge and classroom practice, make this book indispensable for professionals and nonprofessionals alike.
Apps for Autism

An Essential Guide to Over 200 Effective Apps for Improving Communication, Behavior, Social Skills, and More!

by Lois Jean Brady

There are more than 200 apps for autism, and this book will guide you through them so you can confidently utilize today’s technology to maximize your child or student’s success!

Speech Language Pathologist Lois Jean Brady wrote this book in order to educate parents, teachers, and other professionals about the breakthrough method she calls “iTherapy”—which is the use of Apple products (iPhone, iPad, iPod Touch) and various apps (computer applications) in meeting students’ individual educational goals.

You will be astonished and excited by the number of apps available, and the vast variety of issues they can address:

- Voice Output
- Sign Language
- One-Touch Switch
- Text-to-Speech
- Articulation
- Encouragement
- Listening and Auditory Processing
- Language Comprehension
- Vocabulary
- Concept Development
- Video Modeling
- Social Skills Group Activities
- Eye Contact and Body Language
- Hygiene & Pre-Vocational
- Graphic Organizers & Visual
- Visual Timers
- Sound Masking
- Handwriting
- Bilateral Coordination
- Motor Planning
- Activities of Daily Living
- Reading
- Spelling
- Math
- Preschool
- Dysphagia
- Aphasia, Apraxia & Dysarthria
- Stuttering
- Music, Songs & Creativity
- Information about Autism
- Eating Gluten Free
- And more!

Understanding Asperger’s Syndrome FAST FACTS

A Guide for Teachers and Educators to Address the Needs of the Student

by Emily Burrows, Sheila Wagner

When educators aren’t properly informed about Asperger’s Syndrome, students with AS are often misidentified and blamed for their unusual behaviors and lack of social skills. This guide will quickly provide teachers a better understanding of Asperger’s and help the students with AS have a richer, more enjoyable educational experience. The authors, who are also educators, describe signs to watch for and offer numerous tips for appropriate modifications.
Rebecca Moyes, a former teacher in both public and private schools for nine years, is the mother of two children. Her oldest is diagnosed with Asperger’s Syndrome. Rebecca is currently an autism consultant/trainer for several school districts in Pennsylvania, USA, and serves as President of the AVID Learning Center, a therapeutic center for children with disabilities located in New Kensington. Rebecca is a graduate of Grove City College and is pursuing a master’s degree in curriculum development with an emphasis on special needs children and applied behavior analysis.

Building Sensory Friendly Classrooms to Support Children with Challenging Behaviors
by Rebecca Moyes

Rebecca Moyes, a teacher, author, renowned lecturer, and mother of a child with Asperger’s Syndrome, helps walk any regular education or special education teacher through the process of setting up a sensory-friendly classroom in this easy to use book. This is currently the only book that discusses the importance of data-driven strategies, and then helps teachers implement them! Sensory integration disorder often presents as a behavioral problem; thus, although it’s an internal state, it has to be addressed based on what observable behaviors are seen in the child.

Visual Techniques for Developing Social Skills
Activities and Lesson Plans for Teaching Children with High-Functioning Autism and Asperger’s Syndrome
by Rebecca Moyes

Social skills instruction for K-8th grade children on the autism spectrum requires an emphasis on visuals, or “show-teaching” techniques, rather than language-based instruction. This book fulfills that need, consisting of easy-to-use, step-by-step lesson plans with a wealth of visual tools and aids for teaching children with high-functioning autism and Asperger’s Syndrome.

I Need Help With School
A Guide for Parents of Children with Autism and Asperger’s Syndrome
by Rebecca Moyes

As an educational advocate, Rebecca Moyes knows that many parents struggle with designing an IEP. Written especially for those dealing with autism and Asperger’s, this book demystifies special education laws so parents can understand their legal rights. It also tackles important issues such as developing social skills, addressing challenging behaviors, encouraging self-esteem, and dealing with teasing and bullying. Make school a positive experience for your child!

Addressing the Challenging Behavior of Children with High-Functioning Autism/Asperger’s Syndrome in the Classroom
A Guide for Teachers and Parents
by Rebecca Moyes

This book provides a wealth of practical help for both teachers and parents. Teachers learn how to create environmental supports and how to incorporate specific teaching strategies. Students with autism learn the new skills they might need, and ways of making their behavior more acceptable. This book is full of tips on how to tackle different kinds of challenging behaviors both in and out of the classroom.
After over 17 years of working with teachers struggling to implement an effective learning program for special needs kids, Dr. Lori Ernsperger wrote this book as a practical, step-by-step guide to educating students with autism. This much-needed resource unlocks the secrets of six critical teaching elements: creating an effective environment, curriculum development, instructional strategies, managing problem behaviors, data collection, and building collaborative teams. Perfect for new and veteran teachers!

**Autism & Reading Comprehension**

*Ready-to-Use Lesson Plans for Teachers*

*by Joseph Porter*

The predictable format, repetition, and routine of these lessons will create a relaxed learning environment, while the variations in the topics will hold students’ attention and help them generalize the reading skills they need to succeed!

Starting with Level 1 (The Cat) and ending with Level 9 (The Lizard), special-educator Joseph Porter has developed an amazing 90 hours of animal-themed, whole-group instruction. There are two student worksheets for each of nine animals, totaling eighteen worksheets. Each worksheet has four variations, and there is a ready-to-go lesson plan for each one!

There are also two sentence-building exercises for each animal theme, which will build students’ observation skills and help them transform those skills into conversation and written language. In addition to the step-by-step lesson plans, Joseph provides a detailed description of what the lessons will look and feel like in the classroom, complete with valuable, first-hand advice. In the back, you’ll find an appendix with numerous suggestions for complementary activities for each animal theme, so you can supplement on the “off” days with art projects, music, books, and videos.

There is even a section containing Data-Collection Sheets, assessment forms that will help you record students’ progress, per IEP standards.

And the companion CD contains all of the worksheets, lesson plans, visual tools, and assessment forms for quick-and-easy print!

**Keys to Success for Teaching Students with Autism**

*An Easy-to-follow Guide for Teachers*

*by Lori Ernsperger*

After over 17 years of working with teachers struggling to implement an effective learning program for special needs kids, Dr. Lori Ernsperger wrote this book as a practical, step-by-step guide to educating students with autism. This much-needed resource unlocks the secrets of six critical teaching elements: creating an effective environment, curriculum development, instructional strategies, managing problem behaviors, data collection, and building collaborative teams. Perfect for new and veteran teachers!

**$24.95**  
187 Pages

800.489.0727
Voted ASA’s Teacher of the Year in 1989, Toni Flowers’ work continues to make significant impact on the autism community. She has taught every grade from Kindergarten through college, and has educated neurotypical students in addition to students with various challenges, such as autism, ADHD, developmental delays, visual impairment, auditory impairment, emotional disturbances, and many combinations thereof. Her books Reaching the Child With Autism Through Art and The Color of Autism offer creative solutions to everyday problems. But more importantly, all of Toni’s strategies are child-centered and focus on bringing out children’s unique ideas, talents, and interests. She is currently a special education administrator in southern Indiana.

The Color of Autism
Methods to Reach and Educate Children on the Autism Spectrum
by Toni Flowers
Voted “Teacher of the Year” by ASA, Toni Flowers invites readers to learn from, tweak, and refine the strategies she’s used during her quarter-century of teaching children with autism. Chock-full of great ideas, this book tackles some of the thorniest problems (“runners,” homework, “screamers,” setting limits, aggression, etc.) facing teachers and parents. It will quickly become a “go-to” book in your library!

$19.95  137 Pages
ISBN: 978-1-885477-57-6

Reaching the Child with Autism Through Art
Practical, Fun Activities to Enhance Motor Skills and Improve Tactile and Concept Awareness
by Toni Flowers
Art encourages communication, positive self-image, concept development, spatial relationships, fine-motor skills, and many more facets of healthy childhood development. In this book, Toni Flowers provides dozens of artistic activities that will delight children with autism. Notes on each activity page offer helpful do’s and don’ts, along with many real-life experiences. Give the children in your life the opportunity to express themselves!

$19.95  124 Pages
ISBN: 978-1-885477-23-1

Music Therapy
Another Path to Learning and Understanding for Children on the Autism Spectrum
by Betsey King
Music can break down barriers for children with autism in areas such as cognition, communication, and socialization. While music therapists are experienced professionals, many of the principles of music therapy can be implemented by other therapists, teachers, and parents. This book explains how you can do this and teaches you how to adapt music to meet a child’s needs. Visual aids and already-written songs will get you started!

$19.95  113 Pages
ISBN: 978-1-885477-53-8

So You Want To Be a Special Education Teacher
Hold on, you’re in for a wild (but rewarding) ride!
by Jim Yerman
As a teacher, Jim Yerman has “lived with autism” for over thirty years. This book chronicles some of the humorous and absurd situations he has encountered in that time. Each student, each story has important lessons infused. Follow Jim’s teaching history from an integrated university school, to a center for special-needs students, and back to a regular middle and high school. You’re in for a wild ride!

$19.95  196 Pages
How to Teach Life Skills to Kids with Autism or Asperger’s
by Jennifer McIlwee Myers

Coauthor of the groundbreaking book Asperger’s and Girls, Jennifer McIlwee Myers’ personal experience with Asperger’s Syndrome and having a brother with autism makes her perspective doubly insightful. Jennifer can show you how to:

- Create opportunities for children to learn in natural settings and situations
- Teach vital skills such as everyday domestic tasks, choosing appropriate attire, and being polite
- Help individuals on the spectrum develop good habits that will help them be more fit and healthy
- Improve time management skills such as punctuality and task-switching
- And much more!

Jennifer’s straightforward and humorous delivery will keep you eagerly turning the page for her next creative solution!

$19.95 ISBN: 978-1-935274-13-1 314 Pages

S.T.A.R.S.
A Social Skills Training Guide for Teaching Assertiveness, Relationship Skills, and Sexual-awareness
by Susan M. Heighway, Susan Kidd Webster

Specially designed for teaching adolescents and adults with developmental disabilities, the STARS model focuses on four areas: Understanding Relationships, Social Interaction, Sexual Awareness, and Assertiveness—with the goals of promoting positive sexuality and preventing sexual abuse. Assessment tools help identify the strengths and needs of each individual, and then the activities can be catered to address specific needs.

$19.95 ISBN: 978-1-932565-25-6 189 Pages

Freaks, Geeks, and Asperger’s Syndrome
A User’s Guide to Adolescence
by Luke Jackson

When a child has Asperger’s, the teenage years can be a minefield of emotions. Thirteen-year-old Luke is acutely aware of just how different he is. Drawing from his experiences and advice from his teenage brother and sisters, he wrote this enlightening, honest, and witty book in an attempt to address difficult topics such as bullying, friendships, when and how to tell others about AS, school problems, dating, relationships, and morality.

$17.95 ISBN: 978-1-843100-98-0 215 Pages

Taking Care of Myself
A Hygiene, Puberty, and Personal Curriculum for Young People with Autism
by Mary Wrobel

Puberty can be especially tough when young people have autism or other special needs. Through simple stories, author Mary Wrobel teaches caregivers exactly what to say and not say, and shows how you can create helpful stories of your own. Mary addresses hygiene, modesty, body development, menstruation, touching, personal safety, and more. Young students can benefit from self-care skills such as using the toilet, brushing teeth, and washing hands.

$24.95 ISBN: 978-1-885477-94-1 250 Pages

800.489.0727
Asperger’s on the Job
Must-Have Advice for People with Asperger’s or High Functioning Autism
by Rudy Simone

Up to 85% of the Asperger’s population are without full-time employment, though many have above-average intelligence. Rudy Simone, an adult with Asperger’s Syndrome, offers candid advice based on her personal experiences and the experiences of over 50 adults with Asperger’s from all over the world. Detailed lists of “what the employee can do” and “to employers and advocates” provide balanced guidelines for success, while Rudy’s “Interview Tips” and “Personal Job Map” tools will help Aspergians find employment that works for them!

Your Life Is Not a Label
A Guide to Living Fully with Autism and Asperger’s Syndrome for Parents, Professionals, and You
by Jerry Newport

Jerry Newport wrote this book for those with developmental disorders, but it resonates with people with any disability. His message: Everyone has the power—and the right—to improve the quality of their lives despite their disability. His candid, heartfelt advice stems from a deep sense of caring for “his people” on the spectrum.

Making Sense of Sex
A Forthright Guide to Puberty, Sex, and Relationships for People with Asperger’s Syndrome
by Sarah Attwood

This book is ideal for those who need clear explanations and direct answers to the many questions raised by puberty and sexual maturity. Sarah Attwood describes developments in both the male and female body, and explains how to maintain hygiene and promote good health. She examines emotional changes, offers coping strategies for different social experiences, and includes essential behavior tips. Parental guidance recommended.

Autism - Asperger’s and Sexuality
Puberty and Beyond
by Jerry Newport, Mary Newport

Many people on the spectrum suffer from “information deficit” when it comes to sex. Jerry and Mary Newport wrote this book to remedy that. The couple offers uncensored advice on sex and relationships from building self-confidence, dating, and dealing with rejection to establishing an intimate relationship, avoiding pregnancy and STDs, and initiating sex with a partner. This is an “Everything You Ever Wanted to Know” kind of book! Parental guidance recommended.
Catherine Faherty works with children and adults with autism through the well-renowned TEACCH program in North Carolina. She is also a parent consultant and child therapist; consults to school programs; trains teachers and other professionals locally, nationally, and internationally; and runs social groups for children and adults with autism. She has written manuals used in TEACCH trainings, developed training models, and has written a workbook for children with autism and their parents and teachers, titled Asperger’s ... What Does It Mean To Me? Catherine Faherty resides in Asheville, North Carolina.

“Catherine Faherty has written a masterpiece [Understanding Death and Illness ...] for people of all ages and abilities …”

Kathy Kelchner, M.Ed., Educational Consultant

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Asperger’s . . . What Does It Mean To Me?
Structured Teaching Ideas for Home and School
by Catherine Faherty

This is a book that will never become irrelevant or “outdated.” Every child who uses it also becomes its “co-author.” Each chapter is divided in two parts: the first part—the “Workbook”—is for the child to complete, by writing “What is True for Me” in lists of simple statements. The second part—“For Parents and Teachers”—contains helpful tips/information for the adult who guides him through the exercises.

$39.95
ISBN: 978-1-885477-59-0
Available in Spanish
301 Pages

Communication: What Does It Mean To Me?
A “Contract for Communication”
by Catherine Faherty

Miscommunication and misunderstanding can result from a mismatched style of communicating! Life can be incredibly frustrating for individuals who cannot effectively communicate their thoughts or needs. This unique, user-friendly “Contract for Communication” features easy-to-follow “agreements” for both young people on the spectrum and the adults in their lives—parents, teachers, therapists—so they can better understand one another!

$19.95
ISBN: 978-1-935274-17-9
118 Pages

Growing Up
Parents and professionals should encourage the person with Asperger's to read this book to recognize the value such individuals have, and have had, to our society. There are genuine heroes with Asperger's. – Dr. Tony Attwood

In this unique title, Norm Ledgin introduces twelve high-achieving role models—including Einstein, Mozart, and Darwin—who have made significant contributions to our world. All exhibited traits common to people with Asperger's: loners, self-taught, obsessed by an idea, and known for their lack of social skills. Today’s young people and adults with AS can also make a difference if they are given support and the freedom to explore their abilities.

The teenage years are a time when being social is the #1 priority for kids. But for kids with Asperger's, who have acute social challenges, these years can be the most difficult, confusing time in their lives. From sensory sensitivity to awkwardness, dating to driving, he tackles it all! Parents and teachers will love seeing life through J. D.'s eyes, plus “Notes to Parents” sections offer great advice for caregivers and educators alike.

Asperger’s and Self-Esteem
Insight and Hope Through Famous Role Models
by Norm Ledgin

Growing Up
Sean Barron is an interesting and intelligent man who has faced the challenges of autism. He and his mother have written an insightful book on their lives together. *There's a Boy in Here* has won many accolades for offering the unique perspectives of two people who look at the same world but see and feel entirely different things. Mr. Barron has progressed to the point that it is difficult to even realize that he once was truly impacted by autism/Asperger's Syndrome. He is now a freelance writer, lives independently, and recently co-authored *Unwritten Rules of Social Relationships* with Dr. Temple Grandin. Sean is a graduate of Youngstown State University and works as a reporter for the *Youngstown Vindicator*. He's pursuing a second degree in journalism.

“I would love to have the ten rules [from Unwritten Rules] as my screensaver!”

Lindsi Cavender
Young Adult with Asperger’s Syndrome

*Succeeding through Autism* DVD
A Presentation by Sean Barron

In this compelling DVD, Sean Barron tells the story of how he went from being a child with low-functioning autism to the successful man, journalist, and boyfriend he is today. He shares the details of his life's journey, as he transitioned from an isolated child to a happy, successful man. In a bonus section, Sean's girlfriend Barbara Protopapa, a young woman with autism, shares insight into her life and her relationship with Sean.
**The Last Bedtime Story That We Read Each Night**

by Carol Gray

Every child begs for “one more story” before bed. Finally, social skills expert Carol Gray has provided a solution with the book The Last Bedtime Story That We Read Each Night. Short, sweet, reassuring, and to-the-point, this instant classic helps children go to sleep quickly and calmly. According to parents, this book has ended bedtime arguments after just one night! When parents clearly and warmly state that this is “The Last Bedtime Story,” children relax their bodies and minds as it is being read to them. They know there are no more stories to be begged for. Plus, Carol carefully wrote this book so it can be read in less than one minute! The only question that remains is—why didn’t anyone think of it sooner?

32 Pages  ISBN: 978-1-935567-36-3  $14.95

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**Tobin Learns to Make Friends**

by Diane Murrell

Join Tobin as he learns how to be a good friend! Tobin is a lonely red engine who cannot seem to make friends. But with the help of his buddies, he discovers that there are little things he can do to be nicer to those around him. Important social lessons include: sharing, being polite, taking turns, talking quietly, the importance of “personal space,” and more!


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**Friends Learn About Tobin**

by Diane Murrell

This book provides a wealth of practical help for both teachers and parents. Teachers learn how to create environmental supports and how to incorporate specific teaching strategies. Students with autism learn the new skills they might need, and ways of making their behavior more acceptable. This book is full of tips on how to tackle different kinds of challenging behaviors both in and out of the classroom.

$16.95  29 Pages  ISBN: 978-1-932565-41-6
My Friend with Autism, Enhanced Edition
by Beverly Bishop

This book’s vivid illustrations and charming storyline will foster tolerance and understanding among peers, while the printable coloring pages will enlighten and engage learners! My Friend with Autism is the exceptional result of parent Beverly Bishop’s determination to educate her son’s classmates about autism, thus helping her son fit in at school. A peer narrator explains that his friend with autism is good at some things and not so good at others—just like everyone else!

$14.95 41 Pages

Sensitive Sam
Sam’s Sensory Adventure Has a Happy Ending!
by Marla Roth-Fisch

Appropriate for children, families, and professionals, this wonderful book brings to life the story of Sam, whose oversensitivity creates chaos and frustration in his life. He walks readers through his typical day of sensory blunders (which many kids and families may find all too familiar!). With occupational therapy, a new “sensory diet,” and the love and support of his family, Sam concludes:

“Treating sensory challenges
 Takes some patience, and love, too.
 And now I LIKE doing lots of things
 I used to hate to do!”

$14.95 ISBN: 978-1-932565-86-7 32 Pages

Special People, Special Ways
by Arlene Maguire

Winner of an iParenting Media Award, this book illustrates that beyond our physical limitations is a world of unique gifts for each of us to share. Arlene Maguire’s rhymes and Sheila Bailey’s vivid illustrations portray positive images of children with various disabilities. Teachers and parents love to read this book aloud to promote understanding and tolerance at school and at home.

This is Gabriel
Making Sense of School - 2nd Edition:
A Book about Sensory Processing Disorder

By Hartley Steiner

This is Gabriel Making Sense of School provides a look into the challenges children with Sensory Processing Disorder (SPD) face in the classroom. This easy-to-read and beautifully illustrated picture book gives teachers, parents, and students a better understanding of all seven senses, how they are each affected at school and what kinds of accommodations are necessary to help children with SPD become learning sensations!

Herman’s Hiding Places
Discovering Up, In, Under, and Behind
by Karen Emigh

In this book, Karen teaches the concepts behind prepositions. Brett and his dog Herman play hide-and-seek, and Brett is “it.” Young readers will learn the meaning and uses of the prepositions up, in, under and behind as they follow Brett on his search for Herman. Kids love to find Herman on each page!

Who Took My Shoe?
Discovering Who, What, When, Where, Why, and How
by Karen Emigh

Karen Emigh’s son Brett—the “star” of all three of her books—was diagnosed with autism when he was six. Each book teaches an aspect of language that children on the spectrum often struggle with. In her first book, Brett and his dog Herman search for Brett’s missing shoe. While subtly teaching the concepts of who, what, when, where, why, and how, this book will entertain and delight all children.

Bookworm
Discovering Idioms, Sayings, and Expressions
by Karen Emigh

“This book sells like hotcakes!” If you understood what that means, you just interpreted an idiom. The third book in Karen Emigh’s series, Bookworm introduces young readers to the world of idioms, narrated by Brett and his helpful dog, Herman. Playful dialogue, clear explanations, and colorful images make figurative language understandable and fun.
**Squirmy Wormy**

How I Learned to Help Myself

by Lynda Farrington Wilson

*Squirmy Wormy* is a wonderful little children’s book about a boy named Tyler, who has autism and SPD (Sensory Processing Disorder). Together with Tyler, the reader learns about SPD, and what everyday easy therapies he can do by himself to feel better. For instance: “I feel like running really fast, run run run! Maybe I just need a s-q-u-e-e-z-e between the couch cushions like a hot dog. Whew! I feel better.”


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**Little Rainman**

Autism through the Eyes of a Child

by Karen Simmons

Recommended by world-renowned author and speaker Dr. Temple Grandin, this children’s book paints a picture of what life is like for children with autism. Unique illustrations accompany a child’s voice as he explains the different ways he thinks, sees, hears, and feels. This book is great for reading to children with or without autism to encourage acceptance and understanding.

65 Pages  ISBN: 978-1-885477-29-3  $14.95

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**Let’s Make Faces!**

Have fun drawing different faces for different feelings!

by Gerard Langeler

Kids can draw in faces, wipe them clean, and then draw them again! A wonderful tool for parents or teachers, this book will help children identify facial expressions, understand the words related to emotions, and then relate emotions to real-life events. Copying the contours of the mouth, eyebrows, and eyes, teaches the child how feelings may “look” on other people. Great for groups, or one-on-one!

$12.95  ISBN: 978-1-932565-63-8  18 Pages
Sometimes My Brother
Helping Kids Understand Autism Through A Sibling’s Eyes
by Angie Healy
In this iParenting Media Award winner, three-year-old Foster describes life with his older brother, Gavin, who has autism. Vibrant photographs bring you right into their living room, school, and playground. This book is perfect for teaching others about autism, and for letting siblings know that they are not alone. A how-to section at the end provides tips for creating your own personalized books!

Good Touch, Bad Touch
by Robert Kahn
In this simple and engaging guide, Mandee and Bobby explain “good touches” (hugs and kisses from family members, a pat on the back, a handshake, or a high five) and “bad touches” (a hit, slap, punch, kick, bite, hard pinch, shove, or grabbing, tugging, scratching, tripping, or choking). They describe how to recognize each kind of touch, the differences between them, and how to respond.

Don’t Hide Abuse
by Robert Kahn
Bobby explains to Mandee that some secrets should not be kept—especially those that threaten a friend’s safety. Bobby explains to Mandee the concept of “abuse” and then tells a very sad story—of a boy who did not tell a trusted adult about his friend’s abuse and what happened as a result. Mandee replies with a story of her own, about her friend at school. Together, Bobby and Mandee decide to go to Dad and ask for his advice on how to help Mandee’s friend.

Sometimes my brother laughs wildly and appears to be in a world all his own. Out of the blue, even when there is nothing funny going on, Gavin will start to laugh. When this happens, I don’t know what is so funny, but I wish I did. He looks and sounds as if he is having such a good time that it makes me laugh, too! I always wonder what he is thinking about.

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**Autism Through A Sister’s Eyes**  
A Young Girl’s View of her Brother’s Autism  
by Eve Band

Written by Eve Band, Ph.D., a clinical psychologist, this book gives voice to ten-year-old Emily’s story: her questions about her brother, her search for answers about autism, and her exploration of her feelings as a sibling of a young man with autism. Told in her voice, Emily’s story is as uplifting as it is filled with valuable information for parents and siblings.

**Apples for Cheyenne**  
A Story about Autism, Horses and Friendship  
by Elizabeth King Gerlach, Kim Miller

*Apples for Cheyenne* is an engaging children’s book about a girl with autism who finds friendship through her time with Cheyenne, a gentle horse. Follow Rachel and her friends as they go on a horseback riding adventure. Children will delight in this heartwarming tale while also learning about autism and other disabilities.

Elizabeth King Gerlach is the author of *Autism Treatment Guide* and *Just This Side of Normal: Glimpses into Life with Autism*. Her son has autism, and he loves to ride horses.

**Ellie Bean, the Drama Queen!**  
How Ellie Learned to Keep Calm and Not Overreact  
by Jennie Harding

Cute children’s book that helps explain some bizarre or “dramatic” behavior, and gives easy sensory answers to parents and teachers. Written by a mom and special education teacher, this story brings home what it is like to grow up with sensory issues, and helps kids understand that they are not alone. Children will enjoy the fun artwork and empathize with Ellie Bean. By the end of the story, Ellie learns how to cope with her issues and stop being such a drama queen . . . but she does keep her crown.
Children’s Books

It’s Haircut Time!
How One Little Boy Overcomes His Fear of Haircuts
by Michele Griffin, OT
Go along with one nervous little boy, as he faces a day he DREADS—Haircut Day! He hides under the bed with fear at the beginning, but by the end, he has learned that it’s not so scary. He learns to cope with his fear of the barber, and even maybe like it a little! Michele Griffin is no stranger to ‘picky’ children, having spent 7 years as a pediatric occupational therapist working with children who were ‘extra-sensitive’ or had ‘sensory’ issues. Griffin created this story to foster communication, tolerance and understanding between adults and children.

$12.95  36 Pages

Autistic? How Silly Is That!
I Don’t Need Any Labels at All
by Lynda Farrington Wilson
This light-hearted but poignant book gently pokes fun of the label “autistic” from a child-centered perspective. Young readers feel better about themselves after meeting their new friend, the narrator, who has autism as well as many other more important characteristics. Having autism is just one part of his overall character so it would be silly to label him as simply “autistic,” just as it would be silly to define him by his brown hair, talent for swimming, or his love for jelly beans!

$14.95  24 Pages

Picky, Picky Pete
A Boy and His Sensory Challenges
by Michele Griffin, OT
Written by Michele Griffin, an occupational therapist, this picture book is a must for any child with sensory processing disorder. Pete finds his clothes uncomfortable and can’t stand “paint, soap, and things with lumps.” He explains this to his mother and the reader in this fun children’s book, as he and his mother navigate a difficult morning in the life of a young boy with sensory issues.

$14.95  48 Pages

www.FHautism.com
In-Sync Activity Cards
Simple, Fun Activity Cards to Help Every Child Develop, Learn, and Grow!
by Carol Kranowitz and Joye Newman

These two experienced authors have over seventy combined years of teaching experience, and have learned the best ways to help children learn and grow using their motor development skills. Now parents can tap that experience and genius, using these handy cards to help their kids grow, learn, and develop to the best of their abilities!

Divided into beginner, intermediate, and advanced activities, each card tells you why and how the activity works, what you need for it, and ways to make it more challenging. It also tells you what to look for, to make sure your child is getting the most out of the activity.

57 Cards  ISBN: 978-1-935567-35-6  $24.95

Move About Activity Cards
Quick and Easy Sensory Activities to Help Children Refocus, Calm Down, or Regain Energy
by David Jereb, Kathy Jereb

Winner of an iParenting Media Award, this colorful 64-card deck provides fun-filled activities that will help children develop their sensory-motor skills in game-like formats. It is a great tool for parents, teachers, or therapists to use at home, at school, or in the clinic, with children of all ages and abilities. This set includes 64 cards on a convenient snap-ring holder, “How to Use” pamphlet, and sturdy storage box.

$19.95  ISBN: 978-1-935274-01-8
64 Cards

Songames for Sensory Processing
- Book and CDs
by Aubrey Lande, Bob Wiz

Fun and engaging for kids ages 3-8, Songames are musical activities for improving fine-and gross-motor skills, muscle strength, and rhythmicity. These 25 therapist-created Songames offer a world of developmental play activities. Plus, the 53-page companion booklet explains how to use music to enhance specific skills, provides a comprehensive list of resources, and triples the number of therapeutic ways to use the games!

Includes 2 CDs + book
87 minutes of music

Danceland CD
Fun Songs and Activities to Improve Sensory Skills
by Kristen Fitz Taylor, Cheryl McDonald

Offering safe and surgent fun for kids of all abilities, you’ll be surprised and delighted by all the sensory-motor activities hidden in Danceland. The music invites participation and engages children in rhythmic expression, which is fundamental to physical, cognitive, and emotional development. Designed by physical and occupational therapists, over 75 movement activities can be adapted for physical education and home programming.

$21.95  ISBN: 978-1-932565-98-0
Includes CD + booklet

Active Imagination Activity Book
50 Sensorimotor Activities to Improve Focus, Attention, Strength, & Coordination
by Kelly Tilley

Whether your child/client can benefit from movement activities that are calming, energizing, strengthening, or simply from getting exercise in general, you will find this book to be a helpful resource at home, school, or in a therapeutic setting. The large clear pictures and concise descriptions are especially helpful for children who have difficulties with language, cognition, or attention. The activities themselves require little or no equipment.

$19.95  ISBN: 978-1-935567-28-8  54 Pages
Other Helpful Items

**Mind Reading**
The Interactive Guide to Emotions Version 1.3
by Simon Baron-Cohen

The Mind Reading CD-ROM will help children and adults improve their ability to recognize emotions in others. Through games and lessons, you can explore over 400 emotions, seeing and hearing each one performed by six different people. Video clips feature a wide range of people and audio clips express the intonation. Requires 2GB free on hard drive, and Windows 98 or later (OS 9.2 or later for Mac users).

“I am delighted that my acting might actually help people with autism learn to recognize how other people feel!”
—Actor Daniel Radcliffe of Harry Potter fame, featured actor in the Mind Reading software

**Puzzle Magnet**
$4.00

Support autism awareness when you’re on the go with one of these colorful car magnets. Measuring approximately 8 inches by 4 inches, it will get people’s attention and hopefully, get them thinking. Don’t be surprised when others in the autism community beep and wave!

**Ribbon Magnet**
$4.00

**Feelings Magnet**
How are you feeling today? This refrigerator magnet leaves no emotion to the imagination. Just slide the little blue frame over the face that best describes your mood. It’s a great way for children and adults to share how they are feeling on a particular day. Bearing our contact info on the bottom, it is also a great way to share our resources with others in your workplace.

**Tote Bag**
A Future Horizons exclusive! Our “Special People, Special Ways” tote bag, with art from our children’s book of the same name, is a quality canvas bag that is great for conferences, going back and forth to work or school, or as a general carry-all. At 19” x 17”, you can really cram a lot of stuff in there! Spread the message of tolerance and diversity with this brightly-colored accessory.

**Tangle Toy**
Kids of all ages will have great time tangling and turning this odd little toy to create different shapes and feels. Teachers have found that these fidget-friendly toys can actually help children pay attention in class. The rhythmic motion of spinning the sections is quite relaxing. These toys have replaced stimming for many kids on the spectrum. Warning: you won’t be able to put it down!

Due to small pieces, this toy is not suitable for children under the age of three.

**The Writing CLAW**
As many OTs, parents, and teachers have discovered, the Writing CLAW (Controlling Letters of Adolescent/Adult Writing) is a miracle grip that works like magic to promote proper grip, good handwriting, and increased fine motor function. The CLAW can stretch and slip over a variety of implements, such as crayons, markers, chalk, eating utensils, and other hand-manipulated objects. Fits both left- and right-handed users!

SMALL: 2 years - kindergarten
MEDIUM: kindergarten - 6th grade (most older girls and women stay at this size)
LARGE: 7th grade - adult

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LARGE: 7th grade - adult
How to Order

Phone
1.800.489.0727
Monday-Friday
8:30 a.m. to 5:00 p.m. CST

Fax
1.817.277.2270
any hour of the day.

Mail
Future Horizons, Inc.
721 Abrams St.
Arlington, TX 76013

Online
www.FHautism.com
any hour of the day.

We accept and encourage purchase orders from your school, business, or organization!

Returns
Future Horizons, Inc. has a liberal return policy. Items may be returned for credit within 90 days assuming they are not frayed, marred, or damaged in any way. Return shipping must be done by “traceable” common carriers and items must be packaged carefully to avoid damage during shipping. Shipping for most returns must be paid by client.

Send returns to: Future Horizons, Inc.,
3149 Major Street-A, Fort Worth, Texas 76112.

Bill To:
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Address: __________________________________________
City: ____________________________________________ State: _________
Zip Code: ______________________________
Phone number: ______________________________
Email: _______________________________________

Ship To (if different from Bill To):
Name: ____________________________________________
Address: __________________________________________
City: ____________________________________________ State: _________
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Exp Date: ______________________________

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Subtotal

Shipping & Handling (See Chart)

GRAND TOTAL

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